

Bedford - Information Sheet

Centre Details:

Age range: 11 - 17
 Dates: 4th July – 15th August
 Nearest station: Bedford
 Time to London: 45 minutes
 Centre Capacity: 300



Location: Our Bedford centre is located on the University of Bedfordshire Polhill campus, located close to the city centre. Bedford itself is situated 50 miles north of London in beautiful countryside. It is a bustling market town, which offers an excellent blend of history, shopping and a variety of modern leisure facilities including a multi-screen cinema, ice-skating and tenpin bowling.

The town is built around the town square which hosts a traditional market every Wednesday and Saturday afternoon with a variety of stalls including clothing, arts & crafts and food.

Accommodation: Embassy CES students are accommodated in modern, high quality single en suite rooms arranged in apartments of mainly 5 rooms with social area. There are some standard rooms with share bathroom facilities available.

General Information: The lessons take place in excellent, modern classrooms located around the campus. Student meals are taken in the newly built student cafeteria, which seats up to 200 students. There are on-site sports facilities which include two excellent indoor sports halls a dance studio and outdoor playing fields. Students have access to common areas on site and there is access to student internet facilities. There is no swimming pool on site; if requested, swimming can be offered as an optional activity off site at a local pool in Bedford, a 15 minute walk away.

Excursions: Our Bedford centre offers two half day trips, one into Bedford for town walks and local attractions and a second half day and one full day trip by coach per week to such locations as Cambridge, London, Oxford, Stratford-Upon-Avon, St Albans etc.

Sample two week programme:

<u>Week 1</u>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning		Testing & induction/ Lessons	English Lessons	English Lessons	English Lessons	English Lessons	Full-day excursion to London
Afternoon	Arrivals	Bedford Town Trail	On-site activities	Half Day trip to Cambridge	On-site activities	On-site activities	With walking tour & Oxford Street
Evening	Get to Know You Activities	Disco	Video Evening or optional bowling	Karaoke	Games Night	Talent Show	Scavenger Hunt
<u>Week 2</u>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Sports on site	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons	Full-day excursion to Stratford Upon Avon
Afternoon	<i>Optional trip to Woburn Safari Park</i>	On-site activities	Local Visit to Bedford Museum	Half day trip to Leighton Buzzard and boat trip	On-site activities	On-site activities	With Shakespeares birth place
Evening	Pop Quiz	Fancy dress disco	5 a side world cup	Karaoke	Games night or optional cinema	Fashion Show	Volleyball tournament

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Entrance to Student Accommodation



Outdoor Sports Area



Accommodation blocks



Dining Area

